



# Village eView

February 13, 2019

Colette Hoff, Editor

## COMING UP

Pathwork, February 24

General Circle, February 25

Couples' Weekend, March 1 to 3

Annual Goodenough Community Meeting,  
March 15 to 17



*Happy Valentine's  
Day,*

and since 2018, also known as  
the Anniversary of John Hoff's  
passing! A Celebration of Love!

*Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you built against it. ~Rumi*

## ***On-Line News of the Goodenough Community System***

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

## A Celebration of Love

Colette Hoff

As a loving man, John chose the best day to pass. He enjoyed celebrating Valentine's Day each year. Giving out actual paper Valentines was also something John loved to do.

And John's purpose is described best through the Rumi quote, *Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you built against it.* An aspect of John's Lifework was helping people find and deal with their "barriers to love." He demonstrated patience, impatience, creativity, wisdom and love to help someone find their essence and recover their ability to love. I am thankful for having learned some of these lessons.

The Buddha described this spiritual path that leads to freedom as the "liberation of the heart which is love" and he taught an integrated path that moves the heart out of contraction and into true connection. Love, compassion, sympathetic joy and equanimity are qualities that are the most beautiful and powerful states of consciousness we can experience, according to Sharon Salzberg who wrote **Loving-Kindness, The Revolutionary Art of Happiness.**

I have, of course, missed John this year, yet it has gone very fast with lots of life and a new baby in our family. He informs me and sends me messages regularly in a variety of ways, so I feel close to his presence.

I am grateful for the memories of John included in this eView. You will also read some great valentines. Thank you to all who have contributed.



## A Candy Store

Bill Scott

For me John was a candy store owner and the confectioner. John's store was chock full of candy, big and small, shiny and obscure, mysterious and non-obvious. After consuming enough of the candies he offered me, I began to feel better inside and with others. Selfishly I wanted to become a confectioner like John.



I wanted to learn how to make the candies he made and help others feel good inside, too. I was a barely-awake student, but John accepted me as I was. These days, it's his embracing smile that most lives in me. I feel his smile when I'm present to and really hearing and seeing someone and feeling my love for them. It feels so deeply good in those moments when I feel John's smile hanging out with mine. The confectioner's smile, that's how John lives in me. Love you John.

*Where loves rules, there is no will to power, and where power predominates, there love is lacking. The one is he shadow of the other.* ~Carl Jung



When I remember John what comes to mind are the warmth of his smile and the joy of his laughter. His big heart embraced so many. On this Valentine's Day, the first anniversary of his death, I remember John with heartfelt gratitude. Joan V.



Dear John,

You heard me speak these words at your **Celebration of Life**, at the edge of the Tahuya River on the March 17<sup>th</sup> last year. Those words stand today.

I am forever grateful to have had the privilege to be your student and friend. I awaken every morning, grateful that you walked this earth, blessing and teaching everyone in your path, all who were open to hear.

You were a true teacher of Life- a BIG man, inside and out, with an enormous heart. Your life was a statement of love, compassion, and depth of being. Our mutual friend, Jose recently described you a very big man who had a lot of people who wanted to join your party!

You taught with your whole Life and Being:

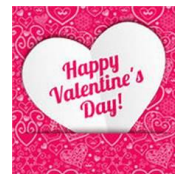
- You Loved to Learn: throwing yourself into life experiences just so you could learn. Teaching me to learn from life's experiences, to befriend, move into and through my fear, to talk about things as they happen, and to talk things through (especially the hard stuff!)
- You were sometimes a challenge to relate to: You had a graceful and sometimes blunt way of pointing out parts of me that I couldn't see or refused to see. God, that was unpleasant! But you lived out your Heart, because you wanted so much more for my life.
- You modeled a generosity of heart, giving yourself fully to others without reservation or worry for yourself. You had a compassionate heart-refusing to judge and always seeking to understand what I was struggling with not what my attitude and actions toward you. Even in your last weeks, you were still expressing your compassion for aging and elders, saying " I am not feeling badly for myself, I am concerned about all the elder who come after me..."
- You were Fierce: in living from your Dream, your Vision, your heart no matter what...teaching me not to be afraid to follow my heart, take a stand, make mistakes, and to never, ever back down on the path and life that is right for me.



- You taught by modeling your moment-to-moment love of Life: Joyously taking in a Mexican sunset and clapping the sun down, watering and singing to your flowers, sitting around the fire pit with friends, enjoying your grandchildren, sitting in the hot tub with a beer in Both hands! I see you with a huge laugh with your head thrown backward...that is SO the John I know and love. Even in your last months, you expressed your love of life saying, "Aging is a test to see if I can keep choosing life" and "I am not going out of this life without kicking. I love every second of Life too much!"

John, your Being, how you lived your Life down to your last minutes, and the Light that you are has been and always will be an inspiration to me. I will honor you and carry you in my heart forever.

"You've gotta dance like there's nobody watching,  
Love like you'll never be hurt,  
Sing like there's nobody listening,  
And live like it's heaven on Earth."  
- William W. Purkey



"A visionary is one who can find his way by moonlight and see the dawn before the rest of the world." - Oscar Wilde  
Love, Nan



## Remembering John Hoff

Kirsten Rohde

I have been spending time going through some old bins of personal stuff stored above the Weavery. This evening I looked into the box labeled "journals." I pulled one out that I haven't looked at for a long time. It was dated 1985 and I sat down to read.

Here on the anniversary of John's death, I found myself reading about my beginning encounters with Colette and John. At that time I wrote of my sense that I was at a crossroads in my life – things not going particularly great but I couldn't see a way to make real change.

I started counseling with Colette, who gave me a book by Frances Vaughn, The Inward Arc. I signed up for a course offered by John and Colette, called "Education for Enlightenment." This was all new stuff to me. (*"Huh, now I'm all into this spiritual growth stuff."*) Here's what I wrote returning from the first weekend at Seabeck: *"The glimpse of unconditional love that I experienced this weekend is too much!"* I began to have conversations with John as well as Colette. What I want to convey is that the guidance and living demonstration that they each and together provided was life-changing for me. Reading the journal of this time reminds me how much I really changed inside and out. It was a huge relief!

In the journal I can see myself beginning to explore how my thinking helps me or not. I was learning about projection, and about inner judgment and forgiveness. I was learning to catch myself in unhelpful thought patterns and choose differently. I was learning that I had many choices in how I approached my life, not boxed in anymore.

These changes were all in the context of guidance and learning from John and Colette and from the community of people – we were all learning together. John always cautioned us to have intellectual integrity – do our own reading and study – don’t just take his word for it. I really miss his sense of humor. There’s learning through tears and learning through laughter. On this first anniversary I know that I and we can make it and I am so very grateful to you, John.



## How Time Has Flown

By Elizabeth Jarrett-Jefferson

This email was sent almost five years ago:

**3/24/14**

Greetings,

This week’s eView will be available on our website by 9am Thursday AM.

[www.goodenough.org](http://www.goodenough.org)

We will be saying goodbye and celebrating our community center and the Hoff’s home in Seattle on Sunday evening March 30<sup>th</sup> at 7pm. You are invited to join us!

*Kirsten Rohde eView Guest Editor*

This email alludes to one of the greatest adventures our community has ever leaned into: Physically moving our community’s founders, John and Colette Hoff, to Sahale, their new home, and in so doing, centering a big part of our community’s life there. And when I think of *adventures*, I think especially of John, who was fearless in his work to bring people together, to help each of us get rid of our personal “stuff” that gets in the way of relating well with self and others, and his “going for the gold,” which is the individual and collective work of freeing up the Self or the **Heart**. I remember John saying that Valentine’s day was one of his favorite (if not his favorite) holidays, and it is particularly poignant to remember him today, one year’s anniversary of his passing. I offer this toast to John and to our community: “The beat goes on.”



**Love Elizabeth.**



“It’s always Sit, Stay, Heel - never  
Think, Innovate, Be yourself.”



Happy  
Valentine's Day!

### Our Valentine's:

Thank you to all members of our General Circle for your dedication to our beloved Community: Kirsten, Bruce, Jim T, Barbara, Elizabeth, Pam, Tom G., Marjenta, Hollis, Draï and Pedge.  
Lots of love

Happy Valentine's Day to you, Colette. Bittersweet

To Elizabeth: ♥♥♥♥♥  
I love you for going on this moving adventure together. It will be a creative one for sure!  
Love, Pam

To the Swamp:  
I know it seems like I have left you, but you are always in my thoughts especially when I'm thirsty. We'll be together soon, on St. Patrick's Day!  
♣♣♣♣♣

To John S-  
Roses are red,  
Violets are Blue  
Thank you for being Wild & Free  
And so Fully You!  
With my love & respect ,  
Nan

**Thanks for all the kindling, Zac!**  
You are loved.  
A secret admirer

To Sahale Residents:  
Marley, Amanda, Presley, Zac, Avi, Paul, Mike, Kirsten, Bruce, Irene, Draï and John  
Love sharing life with you!

Pedge,  
Thanks for all you have accomplished at Sahale this year!  
Love A Friend

**To Paul, Max and Bruce**  
**Thanks for being generous with your carpentry skills and applying them at Sahale Love Colette**

*I would rather walk with a friend in the dark than alone in the light. ~ Helen Keller*

**Happy belated birthday to Irene Perler, February 7!**  
*Welcome home from your journey to New Zealand.*



## *Serial Valentines to Pamela Jarrett-Jefferson*

*With a theme of our Move to Sahale*

Submitted by Elizabeth Jarrett-Jefferson, Devoted Spouse & Poet Illaureate

Roses are red,  
Violets are blue;  
Moving is fun  
When I'm not on the run.

Roses are red,  
Violets are blue;  
Oh look! Here is a set of Aric and Keith baby blankets,  
But they seem brand new.

Roses are red,  
Violets are blue;  
These floors seem (re) finished,  
How come we're not?

Roses are red  
Violets are blue,  
This move is essential,  
  
But it feels existential.

Roses are red  
Violets are blue;  
We have generations of stuff  
That is more than enough.

Roses are red  
Violets are blue;



I meant that the generations of stuff  
We will not be keeping.

Roses are red

Violets are blue;

This journey is monumental  
Thank you for not being judgmental.

To my family: Larry, Rachel, Sophie,  
Lili, Amie, Colin, Wiley, Juniper and  
David

I love you each!

Roses are red

Violets are blue;

This tiny Easter tree with its teeny porcelain decorative eggs  
Was not wanted by Keith and my feelings are hurt.

Roses are red

Violets are blue;

The storage unit is heated and ready  
Do you think it'll have a hot Toddy ready?

© 2019



**"THERE IS NOTHING  
better THAN a FRIEND,  
UNLESS it IS a FRIEND  
With CHOCOLATE." -  
Linda Grayson**



*A friend is one to whom one may pour out all the contents of one's heart, chaff and grain together, knowing that the gentlest of hands will take and sift it, keep what is worth keeping, and with the breath of kindness blow the rest away.*  
~George Eliot

What draws people to be friends is that they see the same truth. They share it. ~C. S. Lewis





Couples Weekend, March 1 to 3



# More Is Possible

## A Weekend for Committed Couples

AT *Sahale*

MARCH 1-3, 2019



More energy. More connection. More communication. More passion.

For many years, the Goodenough Community has offered weekends for couples, highlighting relational skills with a focus on practical friendship between spouses and in long-term, partnered relationships. Leadership has been provided by John and Colette Hoff, marriage and family counselling professionals. They have encouraged couples to learn about themselves as an individual within their relationships, and how to be a more effective partner with support from other couples.

This weekend will focus on increasing emotional intimacy,  
building connection and improving communication.

You will receive guidelines for enhancing your physical relationship, including addressing chronic issues. We will explore the role of sexuality in relationship and new understandings of orgasm. The workshop leaders will help you and your partner identify areas that require attention and focus for learning using the chakra system as outlined in Margo Anand's book, *The Art of Everyday Ecstasy*.



Designed for committed couples over 40 years of age, each participant will have a confidential personal interview prior to the weekend. Couples will have an optional opportunity for private sessions and demonstrations will be conducted in the whole group. Some nudity will likely be present although optional.

# Leadership is offered by Colette Hoff and Rich McGrue.



**COLETTE HOFF, M.Ed** *Since her husband John's passing, Colette has felt called to continue their work of 38 years with couples and offer this weekend.*

*Couples need other couples to relate to. Many couples live with less relationship than they could have and Colette wants to be an agent*

*for change. Improving sexuality in relationship is a very direct method for bringing more energy, passion, connection and communication.*

*Colette has offered leadership to the Goodenough Community's annual Human Relations Laboratory and serves as key faculty for the community's Women's Culture for over 35 years. Having worked as a co-therapist with her husband, she is very skilled in working with the issues of long-term relationships.*



**RICH MCGRUE** *(a friend to the Goodenough Community) is the founder of the New Greenwood House in Seattle, an eight-person, two-year-old intentional community founded on the principles of: Tantra, consciousness & social justice. Rich is a retired Army Officer and Boeing executive; a non-profit executive director; former Pastor of over 20 years and a*

*professional mediator, who has counseled hundreds of couples and individuals in various states of marital discord.*

*His healing skills include alternative spiritual modalities such as Reiki, Tantra, Orgasmic Meditation, Professional Cuddlist, Erotic Healing Massages and Non-Violent Communication techniques. Rich joins Colette to facilitate this vital experience for couples.*

## What you can expect

This workshop will be held at Sahale Learning Center, a beautiful setting at the tip of the Kitsap Peninsula on the Tahuya River about a mile from the Hood Canal. We encourage you to spend time in the natural world, alone and with your partner. Small groups are an essential part of the weekend, providing a place where you and your partner can practice in relationship, giving and receiving feedback with other couples in your group. We will be sharing bountiful meals and will have opportunities to socialize as a group. The weekend will begin with dinner Friday evening at 6:30 pm with the formal session beginning at 8:00 pm. The weekend will conclude at 3:00 pm on Sunday.

**THE COST** The cost of the weekend is \$350 per couple which includes room and board and learning materials.

**SPONSORSHIP** for this weekend is offered by Convocation: A Church and Ministry which is an inter-faith church within the Goodenough Community System.

**UPON REGISTRATION** you and your partner will receive a questionnaire and a phone interview will be arranged. Please register as soon as possible.

## Couples weekend registration | \$350 Per Couple

Name \_\_\_\_\_  
Phone (     ) \_\_\_\_\_  
Age \_\_\_\_\_ Email \_\_\_\_\_  
Name \_\_\_\_\_  
Phone (     ) \_\_\_\_\_  
Age \_\_\_\_\_ Email \_\_\_\_\_  
Number of years in relationship \_\_\_\_\_

PLEASE PAY & REGISTER ONLINE. Visit [www.Goodenough.org](http://www.Goodenough.org). This event is the first announcement on our homepage. Click the online registration button.

OR Enclose a check and mail.  Check Amount \_\_\_\_\_

**MAIL PAYMENT & FORM TO:** Couples Weekend  
2901 NE Tahuya River Road  
Tahuya, WA 98588



Space is limited for this weekend. Couples can consider this experience a gift to their relationship. If you know anyone interested, please pass on the flyer attached to this eView. Please register your intention to attend soon by emailing Colette at [hoff@goodenough.org](mailto:hoff@goodenough.org)



## The Friends of Sahale Weekend

Kirsten Rohde

This year on the 18<sup>th</sup>-20<sup>th</sup> of January we held our fourth annual Friends of Sahale meeting. About 20 people were present and it was a good reminder that Sahale is far more than just the people who live there. When I read some of the comments people write after visiting Sahale, it is clear that we provide something more than, say, room and board. We read about the word *ineffable* in a recent eView and that is a good word to describe how it is that Sahale captures people's hearts. So it takes a community of people for Sahale to be vibrant, successful in all ways and ready for the future.

In the sociocracy system for our community there is a circle that works with all things related to Sahale. That circle took on the design and leadership of the weekend. To me that meant several things: experiencing the sociocracy method, receiving the plans and leadership provided, an ease of participation and knowing how to participate, and most of all, knowing that the work from the weekend will be reviewed and continued through the Sahale circle. This honors the work of all who were present at the weekend.

The weekend was designed to include the past, present and future in our work. Three sub groups met in part of the weekend: 1. Constructed aspects of Sahale (building, infrastructure, etc; 2. the future for Sahale and issues of land and water; and 3. Sacred space and aesthetics. There was a lot of passion and feeling for Sahale present as well as creative thinking about current needs, improvements, and planning for the future.

I'm guessing Sahale herself was happy to know of all these people who care for her.



## Pathwork, February 10, 2019

Colette Hoff

Our Pathwork Circle will meet again on **February 24 at 7:00 p.m.** We will be gathering at the home of Barbara, Joan and Jim in Tukwila. The address is 3535 S. 126<sup>th</sup> St, Tukwila, 98168. Barbara's cell phone is 206 412-9417.



Pathwork is an excellent context for instituting new spiritual practices, support for maintaining current practice and provides many with a feeling connection so necessary for a good life.

Pathwork will continue to meet February 24, Mar 10, 24, April 7, 28, May 19, June 2 and July 14.

## Our new Whiz Bang Apple Grinder



This new apple grinder is amazing as Jim demonstrates. Tod came up with the plans many years ago. This fall, after some difficulties with the motor to the existing cider press, we made the decision to go for it. Also, we just happened to have a carpenter/craftsman, named Paul Rave, who together with Tod Ransdell put it all together. Currently, Pedge is protecting the finish.

\$\$This project couldn't come out of the general budget and we were not sure how much it would cost all together even with some things available here. So while it's not our usual way, we built it and now two people are carrying the \$650 it cost. HMM that doesn't seem right.

While we have a donation for \$200, with \$450 to go any contribution would be wonderful.

Please mail donation checks to Box 312, Tahuya, WA OR go on line to the Goodenough Community donation button.  
More Cider produced faster!



## The deAnguera Blog: Valentine



February 14<sup>th</sup>, Valentine's Day is associated with sending love notes to the loved ones in my life. It is the day St. Valentine, a priest during the Roman Empire was executed in 269 AD. Valentine's crime was converting people to the Christian faith. The Judge who condemned

Valentine had a daughter. It is said that Valentine wrote her a note signed, “from your Valentine.” This may have inspired today’s exchange of romantic notes.

Why is St. Valentine associated with love? The connection seems obscure. Many conflicting stories surround this man. Perhaps the exchange of love notes may have been a Pagan Roman custom appropriated by the Catholic Church. A number of Pagan gods were converted to Christian saints to gain the hearts of Pagan folk.

In any event I am glad we have a day to honor the loved ones in our lives. This helps me to not take their love for granted. Love is the social glue holding our families and society together.

We express our love for each other in the work we do such as John Schindler putting gasoline in the DR trimmer. Or Colette Hoff and Presley having fun in the Kloshe hot tub. I shoveled the path through the snow to the hot tub.

Can you imagine a world without love? That is the reality our world is approaching today. Maybe we have always been teetering on the edge. It is an easy thing to take for granted. Too many other things compete for my attention.

Love means much more to me than amorous feelings. I consider it to be a practice. Being loving to the people around me is necessary to my good health.

Already Valentines are appearing in Potlatch. This is one custom we do observe in our community as it is part of our practice. Love is even referred to in our Covenant as a transforming agent.

However, nothing is more misunderstood in our culture than love. Can any of us say “I love you?” It seems to be reserved only for sweethearts. If I address another guy, I might be thought of as strange.

“Free love” is seen in a derogatory way. But the very nature of love needs to be free of conditions. Love itself is a mystery to be spelled with a capital “L.” It is nothing less than the spark of the Divine. God is Love. Period.

Since I am part of God, therefore I am Love. I am everything the Divine is without exception. I cannot possibly be anything else. I just happen to be playing a character role requiring the addition of adversarial traits to make me real.

John Hoff passed from us last year on Valentine’s Day. He was perhaps the best teacher of Love I have ever had. It is something he had studied in depth and practiced throughout his life.



Ned looking out the Green Truck passenger side. Pure love is in those eyes!

## A Moving Experience

Dear Friends,

With a plan set in motion almost three years ago, and in collaboration with our community friends, Pam and I are on schedule to move to Sahale and build a home there. This spring, our plan is to put our Mercer Island home on the market and formally begin our transition.



We are asking for your help to help us get our home ready to sell and our belongings packed.

In collaboration with Colette and the community calendar, we have established work parties from late January through early spring.

We would truly appreciate your help and good will – this has been my home for 45 years, and Pam’s for 23. It truly will be a moving experience. Any and all help will be gratefully received. Please let Pam or me know if you can join us ([adventuredog@hotmail.com](mailto:adventuredog@hotmail.com); [elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)).

**All Days Are Saturdays, 10am to 2pm, except as noted**  
**Location: 3446 77<sup>th</sup> Place SE, Mercer Island 98040. Lunch and beverages happily provided.**

- March 9
- March 23
- April 13
- April 27

Warmly,

*Pam and Elizabeth Jarrett-Jefferson*



### News from Elias by Elias Serras

As some of you may know I am now working for a really cool company called Imperfect Produce that buys fruits and veggies directly from west coast farms, that would otherwise be sent to landfills for being too big, small, misshapen or more often than not... just for being surplus. Americans throw out 25% of the produce we grow each year just because it doesn't meet our cosmetic standards!

Our company battles food waste by buying up as much as we can at a fair price and selling this produce for 30-40% cheaper than most grocery stores. You can make a fully customizable box online, no sign up or cancellation fees, delivered to your house. I am an outreach associate, so I



**Ugly produce.  
Delivered.**

**Want to fight food waste, support farmers, and eat more fresh, seasonal fruits and vegetables?**

**Use Promo Code GEC when you sign up and \$10 will be donated to the Community!**

It is fully customizable and there are no membership or cancellation fees. Try a box and see if you like it. Feel free to contact me at [Elias.S@imperfectproduce.com](mailto:Elias.S@imperfectproduce.com)  
Learn more at [www.imperfectproduce.com](http://www.imperfectproduce.com)



am hard at work trying to spread the good word, and my success is measured by how many people sign up using one of my coupon codes.

Just got to <https://www.imperfectproduce.com/join> and you can use the code Elias50 if you want 50% off your first box OR use the code GEC if you want us to donate \$10 to the GoodEnough Community. Unfortunately, you cannot combine both. Please also tell any friends who might be interested and pass along the codes as it will support the work that I'm doing :)

We are currently delivering from Olympia to Marysville and will continue expanding in the coming months.

We are also set up in the following cities and adding one a month:

- Bay Area, CA \ Los Angeles, CA \ Orange County, CA
- Greater Sacramento Area, CA (includes Davis) \ San Diego, CA
- Chicago, IL Metro Area \ Indianapolis, IN \ Baltimore, MD
- Washington, D.C. \ Austin, TX \ Houston, TX (coming soon!)
- San Antonio, TX \ Portland, OR Metro Area
- Seattle, WA Metro Area (including Tacoma and Olympia) \ Milwaukee, WI

In other news, I have been working with a Berkeley-based organization called YES! (<https://www.yesworld.org/>) whose mission is to "connect, inspire & collaborate with change-makers to build thriving, just & balanced ways of life for all." Since its founding in 1990, it has held over 100 week-long Jams all over the world. I had the privilege of attending the HOME Environmental Jam last spring. HOME standing for Healing Our Movement Ecosystem.

This year I was asked to return as part of the paid facilitation team, YAY!!! This is absolutely the work that I want to be doing most. The Jams are so much like Human Relations Laboratory with such a deep focus on building community and learning to better BE with ourselves, each-other, and the planet that supports us. I am helping to brew up the first ever PNW Jam that will happen in the next year, maybe even at Sahale. Several of us are



**MAY 19-24, 2019**  
QUAKER CENTER  
SANTA CRUZ MOUNTAINS, CA



The HOME Jam brings together 30 passionate, dynamic changemakers of diverse backgrounds and regions, from throughout the environmental movement. Join us for visioning, connecting and learning together, towards personal, interpersonal and systemic transformation.

“ We need to be setting our sights higher and deeper. What we're really talking about, if we're honest with ourselves, is transforming everything about the way we live on this planet. ”

Rebecca Tarbotton, Rainforest Action Network, 1973 - 2012

**FOR MORE INFORMATION AND TO APPLY, VISIT [YESWORLD.ORG/HOMEJAM2019](https://www.yesworld.org/homejam2019)**

also in communication about starting a Men's Jam. See the flyer for this year's HOME Jam. Please pass it along to anyone who is passionate about Environmental work, art, and ethics.

The last thing I want to mention that I will be involved in is an event in March that is being produced by friend Ben Browner and others on Orcas Island. It is called the Imagine Convergence (<http://www.imagineconvergence.com/>), and the mission is "to nourish the holistic evolution of society by showcasing emerging ideas and stewarding networks of awareness. Through the connection of participants and presenters we are weaving stories to inspire transformation in our daily lives and the world at large." If you are interested in attending, you can use the code **convergencepromo10** to get 10% off a ticket. See the attached flyer and check out the website if this is something you may be interested in.

From my heart to yours: I wish your 2019 to be filled with lots of deep connection, play, and learning.

Love, Elias

**IMAGINE**  
CONVERGENCE

CHARLES EISENSTEIN    NIKKITA OLIVER    PAUL STAMETS    JULIA BUTTERFLY HILL    YOUSSEUPHA SIDIBE

A CUTTING EDGE CONFERENCE IN THE HEART OF THE SAN JUAN ISLANDS - MARCH 2019

[WWW.IMAGINECONVERGENCE.COM](http://WWW.IMAGINECONVERGENCE.COM)





Michael Pilarski of Friends of the Trees Society is launching a Go Fund Me campaign to put on the first-ever Global Earth Repair Conference which will bring 500 people together to envision a thriving planet for our descendants seven generations from now and strategize the many steps it will take to get there. Here is the Go Fund Me link.

<https://www.gofundme.com/global-earth-repair-conference>

More info at <https://www.earthrepair.friendsofthetrees.net>

News from Elias by Elias Serras Hello GEC Friends! As some of you may know I am now working for a really cool company called Imperfect Produce that buys fruits and veggies directly from west coast farms, that would otherwise be sent to landfills for being too big, small, misshapen or more often than not... just for being surplus. Americans throw out 25% of the produce we grow each year just because it doesn't meet our cosmetic standards!



### Spatialist for Hire

*Pam Jefferson*

**Do you need help** with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801**.

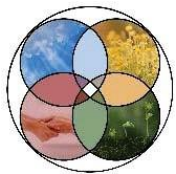


# Programs and Events of the Goodenough Community

**What makes community meaningful and fun?** The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year’s events. More information about programs and upcoming events can be found on our website: [www.goodenough.org](http://www.goodenough.org)



The **General Circle** (Community Council in Sociocracy vernacular) meets Mondays at 6:30 for light dinners & business at hand. The next meeting will be January 28 at the home of Tom George (8708 182<sup>nd</sup> Place SW Edmonds, WA 98026). Future meetings are Feb 11, 25, Mar 11, 25, April 8, 29, May 6, 20, June 3, July 15.

## Weekend for Couple, March 1 to 3, 2019

**More is Possible - More Connection - More Communication - More Passion**

**More is possible in your relationship now!** This weekend will focus on increasing emotional intimacy, building connection, and improving communication. Tools will be provided for enhancing your physical relationship, including addressing chronic issues. The role of sexuality in relationship and new understandings of orgasm will be explored.



## Annual Goodenough Community Meeting March 15 to 17, 2019

This gathering is foundational to all programs and events within the community. We A time to learn and to share your views about our community. Come and be curious! Please contact Kirsten Rohde for more information. [krohde14@outlook.com](mailto:krohde14@outlook.com)

**The Women’s Program** is a long-established and ever-growing way for women to enjoy each other’s company, learn about themselves as women, and even perhaps to experience the Divine Feminine. We are announcing the annual women’s weekend, **May 3 to 5** at Sahale Learning Center. Contact Elizabeth for more information.



**The Third Age - Those** of us age 60 and older have been gathering every other month, Friday evenings in Seattle. Stay tuned for the next meeting. Contact Kirsten Rohde for more information: [krohde14@outlook.com](mailto:krohde14@outlook.com)

## The Men's Program

Our **Men's Circle** is an expression of brotherhood and practice with wisdom, gathered from own lives, other men's work advocates and the founders of this circle. In the fall of 2018, during our annual *event-tent take down project*, we began preparing for a men's *right of passage* experience preceded by a smaller group vision quest. These two events will be scheduled for this spring, the vision quest component centered around a small group backpacking trip into the Olympic National Park.



For more information, contact me: [bruce\\_perler@hotmail.com](mailto:bruce_perler@hotmail.com)



**Pathwork, a Program of Convocation: A Church and Ministry** On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service. **Gatherings are in Seattle, Feb 24, Mar 10, 24, April 7, 28, May 19, June 2 and July 14.** Contact Colette Hoff for more information: [hoff@goodenough.org](mailto:hoff@goodenough.org)

## Summer Camp for Youth, June 23 – 29, 2019

A wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Contact: Irene Perler, [Irene\\_Perler@hotmail.com](mailto:Irene_Perler@hotmail.com)



## Human Relations Laboratory, August 4 to 10, 2019

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 50 years! Contact: Colette Hoff, [hoff@goodenough.org](mailto:hoff@goodenough.org)

## True Holidays Celebration, Saturday, December 7, 2019

Be part of this fun-filled family-oriented evening and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart. Contact Elizabeth for more information.



## Work and Play Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over **Memorial Day weekend (May 24 to 27)** as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email [hoff@goodenough.org](mailto:hoff@goodenough.org) with information about what may be coming up. It is a great time to bring friends to share Sahale!



### **Quest: A Counseling and Healing Center**

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest’s counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) to make arrangements.

Snow Pictures from Sahale (We probably had 2 ½ feet!)

